



SUMMER MENU

JUNE—JULY 2018

FRIDAY, JUNE 8

Dinner

House Salad, Cucumbers, Red Onions, Grape Tomatoes,
Croutons **DF** **VT**
Ranch Dressing **GF** **VT**
Ranch Bread **VT**
Pot Roast Garnished with Carrots, Pearl Onions,
Corn on the Cob Garnish, and Peas **GF** **DF**

Haricot Verts (green beans) with Garlic Butter **GF** **VT**
Sweet Potato Mash **GF** **VT**
Red Velvet Cupcake with Cream Cheese Frosting **VT**

SATURDAY, JUNE 9

Breakfast

Scrambled Eggs with Roasted Asparagus, Onions,
Bell Peppers **VT** **GF** **DF**
Jones Sausage **GF** **DF**

Fresh Fruit, Sliced Watermelon **GF** **DF** **V**
Zucchini Bread **VT**

Lunch

Grilled Chicken **GF** **DF**
Baby Green Salad, with Quinoa, Sunflower Seeds,
Cranberries, Feta, and Blueberries **VT** **GF**

Kale Dressing **VT** **GF** **DF**
Sweet and Salty Cookie **VT**

Dinner

Spinach Salad with Diced Tomatoes, Red Onions, Carrots,
and Red Bell Peppers **GF** **DF** **V**
Raspberry Vinaigrette Dressing **GF** **DF** **V**
Everything Bread **VT**
Apple Roast Pork Loin **GF** **DF**

Mac and Cheese **VT**
Roasted Zucchini, Yellow Squash,
and Button Mushroom **VT** **GF** **DF**
Coconut Cake **VT**

SUNDAY, JUNE 10

Breakfast

Chorizo Quiche with Potatoes, Cheddar Cheese,
Red and Green Bell Peppers
Roasted Rosemary Potatoes **GF** **DF** **V**
Granola **DF** **VT**

Yogurt **GF** **V**
Fruit Bowl upon request **GF** **DF** **V**



SUMMER MENU

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Lunch

Grilled Hamburger with Cheese
Bun Lettuce, Tomato, Red Onion,
and Pickle Chips GF DF V

Chips VT
Mayo and Mustard Packets VT GF DF
Chocolate Chip Cookie VT

MONDAY, JUNE 11

Dinner

House Salad, Cucumbers, Red Onions, Grape Tomatoes,
Croutons DF
Ranch Dressing GF
Ranch Bread VT
Pot Roast Garnished with Carrots, Pearl Onions,
Corn on the Cob Garnish, and Peas GF DF

Haricot Verts (green beans) with Garlic Butter GF VT
Sweet Potato Mash GF VT
Red Velvet Cupcake with Cream Cheese Frosting VT

TUESDAY, JUNE 12

Breakfast

Scrambled Eggs with Roasted Asparagus, Onions,
Bell Peppers VT GF DF
Jones Sausage GF DF

Fresh Fruit, Sliced Watermelon GF DF V
Zucchini Bread VT

Lunch

Grilled Hamburger with Cheese
Bun Lettuce, Tomato, Red Onion,
and Pickle Chips GF DF V

Chips VT
Mayo and Mustard Packets VT GF DF
Chocolate Chip Cookie VT

Dinner

Spinach Salad with Diced Tomatoes, Red Onions, Carrots,
and Red Bell Peppers GF DF V
Raspberry Vinaigrette Dressing GF DF V
Everything Bread VT
Apple Roast Pork Loin GF DF

Mac and Cheese VT
Roasted Zucchini, Yellow Squash,
and Button Mushroom VT GF DF
Coconut Cake VT

WEDNESDAY, JUNE 13

Breakfast

Scrambled Eggs VT GF DF
Cheddar Slices VT GF
Biscuits VT

Sausage Patty GF DF
Jelly Jam GF DF V

GF Gluten Free | DF Dairy Free | V Vegan | VT Vegetarian

*Menu is subject to change without prior notice



SUMMER MENU

JUNE—JULY 2018

Lunch

Deli Chicken Sandwich with Cheese

Green Leaf, Sliced Tomato,

and Red Onion Platter GF DF V

Mayo and Mustard Packets VT GF DF

Chips VT

Salted Caramel Latte Cookie VT

Dinner

Chicken Bacon Alfredo with Green Peas VT

Asiago Herb Bread

Tiramisu VT

THURSDAY, JUNE 14

Breakfast

Bacon Scramble with Cheddar Cheese Garnish GF

Oven Roasted Potatoes GF DF

Blueberry Muffin VT

Lunch

Cold Italian Sub

Shredded Lettuce, Diced Tomatoes, Diced Red Onions,

and Pepperoncini GF DF V

Chips VT

Butterscotch Chocolate Chip Cookie VT

Dinner

Seared Tri Tip GF DF

Mashed Potatoes with Brown Butter Garnish VT GF

Steamed Asparagus with Roasted Cherry Tomatoes GF DF V

Steak House Blackbread VT

Tri-Berry Pie VT

FRIDAY, JUNE 15

Breakfast

Biscuit and Gravy

Scrambled Eggs VT GF DF

Dinner

Vegan Anti Pasta Salad, Romaine Hearts,

Garbanzo Beans, Red Onions, Grape Tomatoes,

Green Bell Peppers, Olives, Artichokes GF DF V

Italian Dressing VT GF DF

Hearty Minestrone Soup DF V

Hummus VT

Pita Bread VT DF

Carrot Cake VT



SUMMER MENU

JUNE—JULY 2018

SATURDAY, JUNE 16

Breakfast

Oatmeal **DF** **V**

Coconut Flakes, Fresh Blueberries, Strawberries,
Bananas, Chocolate Chips **VT**

God's Granola **VT**

Almond Milk and Whole Milk **GF**
Yogurt

Lunch

Morning Star Black Bean Burgers **VT**

Roasted Potatoes **GF** **DF** **V**

Lettuce, Tomato, Red Onion, and Pickle Platter **GF** **DF** **V**

Brownie **GF**

Dinner

Broccoli Salad **GF** **DF** **V**

Apple Cider Dressing **GF** **DF** **V**

Lentil Roast **GF** **DF** **V**

Penne Pasta with House Marinara **DF** **V**

Roasted Zucchini, Yellow Squash, Button Mushroom
and Onions **GF** **DF** **V**

Coconut Mango Tapioca **VT** **GF**

SUNDAY, JUNE 17

Breakfast

Waffles with Maple Syrup, Tri Berry Compote **V**

Veggie Sausage **DF** **V**

Hard Boiled Eggs **VT** **GF** **DF**

Fruit upon request **GF** **DF** **V**

MONDAY, JUNE 18

Dinner

House Salad, Cucumbers, Red Onions, Grape Tomatoes,
Croutons **DF**

Ranch Dressing **GF**

Ranch Bread **VT**

Pot Roast Garnished with Carrots, Pearl Onions,
Corn on the Cob Garnish, and Peas **GF** **DF**

Haricot Verts (green beans) with Garlic Butter **GF** **VT**

Sweet Potato Mash **GF** **VT**

Red Velvet Cupcake with Cream Cheese Frosting **VT**

TUESDAY, JUNE 19

Breakfast

Scrambled Eggs with Roasted Asparagus, Onions,
Bell Peppers **VT** **GF** **DF**

Jones Sausage **GF** **DF**

Fresh Fruit, Sliced Watermelon **GF** **DF** **V**

Zucchini Bread **VT**



SUMMER MENU

JUNE—JULY 2018

Lunch

Deli Chicken Sandwich with Cheese
Green Leaf, Sliced Tomato,
and Red Onion Platter GF DF V

Mayo and Mustard Packets VT GF DF
Chips VT
Salted Caramel Latte Cookie VT

Dinner

Spinach Salad with Diced Tomatoes, Red Onions, Carrots,
and Red Bell Peppers GF DF V
Raspberry Vinaigrette Dressing GF DF V
Everything Bread VT
Apple Roast Pork Loin GF DF

Mac and Cheese VT
Roasted Zucchini, Yellow Squash,
and Button Mushroom VT GF DF
Coconut Cake VT

WEDNESDAY, JUNE 20

Breakfast

Chorizo Quiche with Potatoes, Cheddar Cheese,
Red and Green Bell Peppers
Roasted Rosemary Potatoes GF DF V
Granola DF VT

Yogurt GF V
Fruit Bowl upon request GF DF V

Lunch

Grilled Hamburger with Cheese
Bun Lettuce, Tomato, Red Onion,
and Pickle Chips GF DF V

Chips VT
Mayo and Mustard Packets VT GF DF
Chocolate Chip Cookie VT

Dinner

Chicken Bacon Alfredo with Green Peas VT
Asiago Herb Bread

Tiramisu VT

THURSDAY, JUNE 21

Breakfast

Bacon Scramble with Cheddar Cheese Garnish GF
Oven Roasted Potatoes GF DF

Blueberry Muffin VT

Lunch

BBQ Pulled Pork Sandwiches with Onion Straws DF
House Coleslaw VT GF

Chips VT
Snickerdoodle Cookie VT



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Dinner

Seared Tri Tip GF DF

Steak House Blackbread VT

Mashed Potatoes with Brown Butter Garnish VT GF

Tri-Berry Pie VT

Steamed Asparagus with Roasted Cherry Tomatoes GF DF V

FRIDAY, JUNE 22

Breakfast

Scrambled Eggs VT GF DF

Sausage Patty GF DF

Cheddar Slices VT GF

Jelly Jam GF DF V

Biscuits VT

Lunch

Cold Italian Sub

Chips VT

Shredded Lettuce, Diced Tomatoes, Diced Red Onions,
and Pepperoncini GF DF V

Butterscotch Chocolate Chip Cookie VT

Dinner

House Salad, Cucumbers, Red Onions, Grape Tomatoes,
Croutons DF

Haricot Verts (green beans) with Garlic Butter GF VT

Ranch Dressing GF

Sweet Potato Mash GF VT

Ranch Bread VT

Red Velvet Cupcake with Cream Cheese Frosting VT

Pot Roast Garnished with Carrots, Pearl Onions,
Corn on the Cob Garnish, and Peas GF DF

SATURDAY, JUNE 23

Breakfast

Scrambled Eggs with Roasted Asparagus, Onions,
Bell Peppers VT GF DF

Fresh Fruit, Sliced Watermelon GF DF V

Jones Sausage GF DF

Zucchini Bread VT

Lunch

Grilled Chicken GF DF

Kale Dressing VT GF DF

Baby Green Salad, with Quinoa, Sunflower Seeds,
Cranberries, Feta, and Blueberries VT GF

Sweet and Salty Cookie VT



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Dinner

- Spinach Salad with Diced Tomatoes, Red Onions, Carrots, and Red Bell Peppers **GF DF V**
Raspberry Vinaigrette Dressing **GF DF V**
Everything Bread **VT**
Apple Roast Pork Loin **GF DF**
- Mac and Cheese **VT**
Roasted Zucchini, Yellow Squash, and Button Mushroom **VT GF DF**
Coconut Cake **VT**

SUNDAY, JUNE 24

Breakfast

- Chorizo Quiche with Potatoes, Cheddar Cheese, Red and Green Bell Peppers
Roasted Rosemary Potatoes **GF DF V**
Granola **DF VT**
- Yogurt **GF V**
Fruit Bowl upon request **GF DF V**

MONDAY, JUNE 25

Dinner

- House Salad, Cucumbers, Red Onions, Grape Tomatoes, Croutons **DF**
Ranch Dressing **GF**
Ranch Bread **VT**
Pot Roast Garnished with Carrots, Pearl Onions, Corn on the Cob Garnish, and Peas **GF DF**
- Haricot Verts (green beans) with Garlic Butter **GF VT**
Sweet Potato Mash **GF VT**
Red Velvet Cupcake with Cream Cheese Frosting **VT**

TUESDAY, JUNE 26

Breakfast

- Scrambled Eggs with Roasted Asparagus, Onions, Bell Peppers **VT GF DF**
Jones Sausage **GF DF**
- Fresh Fruit, Sliced Watermelon **GF DF V**
Zucchini Bread **VT**

Lunch

- Deli Chicken Sandwich with Cheese
Green Leaf, Sliced Tomato, and Red Onion Platter **GF DF V**
- Mayo and Mustard Packets **VT GF DF**
Chips **VT**
Salted Caramel Latte Cookie **VT**



SUMMER MENU

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Dinner

- Spinach Salad with Diced Tomatoes, Red Onions, Carrots, and Red Bell Peppers **GF DF V**
Raspberry Vinaigrette Dressing **GF DF V**
Everything Bread **VT**
Apple Roast Pork Loin **GF DF**
- Mac and Cheese **VT**
Roasted Zucchini, Yellow Squash, and Button Mushroom **VT GF DF**
Coconut Cake **VT**

WEDNESDAY, JUNE 27

Breakfast

- Chorizo Quiche with Potatoes, Cheddar Cheese, Red and Green Bell Peppers
Roasted Rosemary Potatoes **GF DF V**
Granola **DF VT**
- Yogurt **GF V**
Fruit Bowl upon request **GF DF V**

Lunch

- Grilled Hamburger with Cheese
Bun Lettuce, Tomato, Red Onion, and Pickle Chips **GF DF V**
- Chips **VT**
Mayo and Mustard Packets **VT GF DF**
Chocolate Chip Cookie **VT**

Dinner

- Chicken Bacon Alfredo with Green Peas **VT**
Asiago Herb Bread
- Tiramisu **VT**

THURSDAY, JUNE 28

Breakfast

- Bacon Scramble with Cheddar Cheese Garnish **GF**
Oven Roasted Potatoes **GF DF**
- Blueberry Muffin **VT**

Lunch

- BBQ Pulled Pork Sandwiches with Onion Straws **DF**
House Coleslaw **VT GF**
- Chips **VT**
Snickerdoodle Cookie **VT**

Dinner

- Seared Tri Tip **GF DF**
Mashed Potatoes with Brown Butter Garnish **VT GF**
Steamed Asparagus with Roasted Cherry Tomatoes **GF DF V**
- Steak House Blackbread **VT**
Tri-Berry Pie **VT**



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FRIDAY, JUNE 29

Breakfast

Scrambled Eggs VT GF DF
Cheddar Slices VT GF
Biscuits VT

Sausage Patty GF DF
Jelly Jam GF DF V

Dinner

House Salad, Cucumbers, Red Onions, Grape Tomatoes,
Croutons DF
Ranch Dressing GF
Ranch Bread VT
Pot Roast Garnished with Carrots, Pearl Onions,
Corn on the Cob Garnish, and Peas GF DF

Haricot Verts (green beans) with Garlic Butter GF VT
Sweet Potato Mash GF VT
Red Velvet Cupcake with Cream Cheese Frosting VT

SATURDAY, JUNE 30

Breakfast

Scrambled Eggs with Roasted Asparagus, Onions,
Bell Peppers VT GF DF
Jones Sausage GF DF

Fresh Fruit, Sliced Watermelon GF DF V
Zucchini Bread VT

Lunch

Grilled Chicken GF DF
Baby Green Salad, with Quinoa, Sunflower Seeds,
Cranberries, Feta, and Blueberries VT GF

Kale Dressing VT GF DF
Sweet and Salty Cookie VT

Dinner

Spinach Salad with Diced Tomatoes, Red Onions, Carrots,
and Red Bell Peppers GF DF V
Raspberry Vinaigrette Dressing GF DF V
Everything Bread VT
Apple Roast Pork Loin GF DF

Mac and Cheese VT
Roasted Zucchini, Yellow Squash,
and Button Mushroom VT GF DF
Coconut Cake VT



SUMMER MENU

JUNE—JULY 2018

SUNDAY, JULY 1

Breakfast

Chorizo Quiche with Potatoes, Cheddar Cheese,
Red and Green Bell Peppers
Roasted Rosemary Potatoes GF DF V
Granola DF VT

Yogurt GF V
Fruit Bowl upon request GF DF V

Lunch

Deli Chicken Sandwich with Cheese
Green Leaf, Sliced Tomato,
and Red Onion Platter GF DF V

Mayo and Mustard Packets VT GF DF
Chips VT
Salted Caramel Latte Cookie VT

Dinner

Chicken Bacon Alfredo with Green Peas VT
Asiago Herb Bread

Tiramisu VT

MONDAY, JULY 2

Breakfast

Scrambled Eggs VT GF DF
Cheddar Slices VT GF
Biscuits VT

Sausage Patty GF DF
Jelly Jam GF DF V